

**Heather N. Lettow MA., LPC., LMFT**  
**Release of Information**

Recipient Name

Case Number

Date of Birth

I hereby authorize Heather N. Lettow, MA., LPC., LMFT., to  Send  Receive  Exchange the specified information  to  from  between Heather N. Lettow, MA., LPC., LMFT., and the person/organization named herein:

The confidential information may be released in the following forms:  written  verbal  electronic

The authorization is valid between \_\_/\_\_/\_\_ and \_\_/\_\_/\_\_ for documents created between \_\_/\_\_/\_\_ and \_\_/\_\_/\_\_. This authorization, except for action already taken, can be revoked at any time by verbal or written notice, or upon discharge from services notice.

**Document Contents**

Mental Health

Substance Abuse

HIV/AIDS

Medical

<b><u>Document/Information For Exchange (check all that apply)</u></b>	
<input type="checkbox"/> Demographics	<b>Other</b>
<input type="checkbox"/> Contact Information	<input type="checkbox"/> Court Services
<input type="checkbox"/> Insurance	<input type="checkbox"/> Legal information
<b>Mental Health/Service History</b>	<input type="checkbox"/> School records
<input type="checkbox"/> Intake	<input type="checkbox"/> Department of Human Services
<input type="checkbox"/> Progress Notes	<input type="checkbox"/> Notice of start of service
<input type="checkbox"/> Billing information	<input type="checkbox"/> Notice of end of service
<b>Medical</b>	<input type="checkbox"/> Representative payee
<input type="checkbox"/> Physicians notes	<input type="checkbox"/> Other
<input type="checkbox"/> Diagnosis	
<input type="checkbox"/> Medication	

**Purpose of Release (check all that apply)**

Healthcare Integration	Emergency Contact	Communicate w/ Primary Care
Coordination of Care	Evaluation/Assessment	Court Proceedings/Records
Billing Information	Status Reports	Other:

### Statement of Understanding

- I understand that authorizing the request/disclosure of information in my records is voluntary, and is not a condition for the treatment, payment, or eligibility for benefits of service.
- My signature means that I have read this form and/or have had it read to me and explained in language I can understand
- I understand that as the recipient/parent/guardian who signed this form can request to review or copy the information released/disclosed pursuant to this Authorization as allowed in 45 CFR 164.524, the Michigan Mental Health Code, 42 CFR Part 2, HIIPA, and any other applicable laws, rules and regulations.
- I understand that my information may be re-disclosed without my consent where allowed by law. I also understand that any release/disclosure of information carries with it the potential for unauthorized re-disclosure and the information may not be protected by the Federal Confidentiality Laws.
- I may withdraw my authorization at any time. I understand also that such withdrawal of my authorization may not be effective to prevent disclosure of information previously authorized or to stop previous action that has been taken in reliance on this authorization.
- Information related to my HIV states may be disclosed under the provision of law MCL333.5131.

\_\_\_\_\_  
Recipient Signature                      Date

\_\_\_\_\_  
Parent/Guardian/Representative Signature                      Date

\_\_\_\_\_  
Witness Signature                      Date